

## New Student Out Reach

Every new student to Oak Park High School is paired with an Advanced Peer Counselor to ensure a smoother, less stressful transition.

## We Are Here to Help You!

- ♥ **friendships**
- ♥ **relationships**
- ♥ **peer pressure**
- ♥ **stress**
- ♥ **life in general**

**If you want to talk to a peer counselor, contact us through your counselor.**

## **Teens Helping Other Teens**

Mondays through Fridays  
Nutrition, Lunch, Free Periods, After School



# OPHS Advanced Peer Counselors

### 10th Grade

Dylan Bezonsky  
Bellamy Burrell-Stevenson  
Abi Chadwick  
Shea Creason  
Nikita Manyak  
Amaan Nabeel  
Olivia O'Connell  
Siena Reale

### 11th Grade

Amber Arquilevich  
Jackson Finch  
Emily Francis  
Lilly Fuller  
Jordan Julius  
Shoshana Medved  
Ethan Rinkov  
Emilee Teichner  
Emily Warren  
Chase Willet

### 12th Grade

Sam Barney-Gibbs  
Gavin Cornick  
Audrey Farnsworth  
Grace Hassanieh  
Megan Johnson  
Alia Koe  
Logan Prince  
Aashika Srinivas

### Teachers:

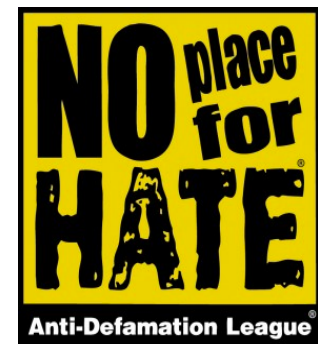
Julie Ross  
Janet Svoboda



# Advanced Peer Counseling



**OPHS ADVANCED  
PEER COUNSELING**



## OUR MISSION:

**TO PROMOTE AWARENESS AND ACCEPTANCE, TO CONFIDENTIALLY SUPPORT AND FACILITATE STUDENTS' NAVIGATION THROUGH THEIR PROBLEMS, AND TO CREATE A TRUSTING ENVIRONMENT FOR ALL STUDENTS AT OAK PARK HIGH SCHOOL.**

For over 25 years, Advanced Peer Counseling has been dedicated to providing support to students. Oak Park High School has been designated a "No Place for Hate" school, in which we strive to provide a model for combating intolerance, bullying and hatred. Advanced Peer Counselors have been trained by the Anti-Defamation League (ADL) to offer guidance, understanding, and compassion to our peers. Our goal is to foster a culture of inclusion, acceptance, and awareness on our campus. We are constantly seeking avenues and opportunities that allow us to view the world through a lens that is meaningful and authentic. We believe in the ability to create positive peer empowerment so that all students can succeed in their high school life.



## Awareness Week

Awareness Week is an annual, school wide event dedicated to promoting a greater sense of acceptance and awareness on a variety of issues. Each year, Advanced Peer Counselors develop a specific theme that focuses on creating a better understanding among one another. Classroom presentations, special speakers art/writing/multimedia contests, lunch and after school activities and community outreach are all part of this week long experience.



## Becoming an Advanced Peer Counselor

Students interested in becoming Advanced Peer Counselors are eligible to apply after completing at least 1 year in the Peer Counseling club. The Peer Counseling club is open to all interested students. Meetings are held every Thursday at lunch in the Gym and are facilitated by Advanced Peer Counselors. Students in the Peer Counseling club are trained on important counseling skills and techniques that are crucial when working with others in need.

Sign up for Beginning Peer Counseling during club week!



## Peer Conflict Mediation

Peer Counselors are trained to mediate conflicts and disputes between students in order to arrive at a compromise or solution and to prevent further confrontations. Students are encouraged to participate in Conflict Mediation to resolve problems. This process provides neutral territory where each student can find a voice in explaining his/her side of the story. Confidentiality is maintained.

## Freshman Mentoring

We have taken on a significant role to instill support in the lives of freshman students at Oak Park High School. Advanced Peer Counselors facilitate monthly interactive lessons during PE classes, in which freshman are given an opportunity to participate in lively icebreakers and lessons, while addressing some of the following topics:

- ◇ Acceptance & Respect
- ◇ Communication & Understanding
- ◇ Friendship & Relationships
- ◇ Stress
- ◇ Drinking & Drug Abuse